



Kenya

Lesson 4: Activities in Kenya

Kids4KINSHIP -- Kenya Project

Kenya Week – Day Four (Thursday) or Lesson Four (for Sunday Schools or those not following a five day school week schedule)

Today's Focus: Games, art, other interactive activities

INTRODUCTION:

Review Lessons 1-3

Suggested ways to review:

- Have students discuss and tell
- Flip through the slideshow photos
- 7 Facts about Kenya YouTube Video:
<https://www.youtube.com/watch?v=pzoNOZtXXlw>
- Review of Kenya facts can be found here:
<http://www.3dgeography.co.uk/facts-about-kenya>

GAMES:

- Recess-style Hand Clapping Games from Kenya; games are easy to follow, then have students pair up and create clapping games of their own using both English and Swahili
<https://www.youtube.com/watch?v=WDF7PWPrNHs>
- "Ukuti" is a Swahili circle game/song that is played in a way similar to "Ring around the Rosie".

Ukuti, Ukuti

Wa mnazi, Wa mnazi

Ukipata Upepo

Watete.. Watete.. Watetemeka.

The leaf, the leaf

Of the coconut tree, of the coconut tree

When the wind blows against it

It shakes... It shakes... It shakes...

WWW.MAMALISA.COM

UKUTI

U - ku - ti u - ku - ti. Wa mna - zi wa -

1. -mna - zi U - 2. -zi Wa - te - te - me - ka - te. Wa - te - te - me - ka - te.

Spoken - Parlé - Hablado

WWW.MAMALISA.COM

- Shisima, a cool math game from Kenya; similar to Tic-tac-toe, the game diagram can be printed from the site listed below or the diagram can be drawn on paper, with chalk, in the dirt, sandbox, etc. Rules and printables for the game can be found here:
<https://b-inspiredmama.com/shisima-cool-math-game/>

ART:

- African Animals at Sunset; Paint sunset background and let dry. Cut out silhouettes and glue to the background. Students can choose from a variety of animals found in Kenya.



- Monkey Handprints for younger students



Information on Kenyan animals can be found here:
<http://www.3dgeography.co.uk/kenyan-animals>

- **Great Commission Craft**

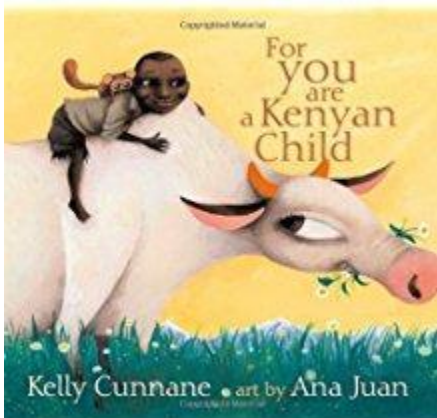
Cut circles from an old atlas or maps to fit paper plates.

Print the Scripture and footprint papers (attached at the end of this document) and glue onto the map.



INTERACTIVE ACTIVITIES:

- YouTube presentation on *Maassai Life Through a Child's Eyes*
<https://www.youtube.com/watch?v=XQ7wV9DeEqw>
 (Disclaimer: sponsored by Operation Blessing International)
- Read aloud book; check out from the library, purchase from Amazon, or watch read-aloud on YouTube
<https://www.youtube.com/watch?v=z4RJ6eBg34Q>



- Sing:
 He Is Mine (Ni Wangu – A Swahili Song from Kenya)
 Copies may be available at ILC or through your local congregation.
 Copies can be purchased here:

<http://www.leadingnote.com/products/sheet-music/choral/tln/Hopson-Hal-H-He-Is-Mine-Ni-Wangu-SAB-Hope-Publishing-Co/21431/>

Click here to hear the song:

<https://www.youtube.com/watch?v=VAQwnoCcoB4>

- Cook Ugali, a staple food for many meals in Kenya. The recipe can be found here: <https://www.wikihow.com/Cook-Ugali>

Ingredients:

1 cup, or more, corn flour or maize flour

3 cups of boiling water

1 cup of cold water



Other ideas:

- Have a Kenyan native give a presentation at your school.
- Have a CLC Mission Helper participant give a presentation at your school.

Print on Kraft Paper



shutterstock · 197842508



shutterstock · 197842508



shutterstock · 197842508



shutterstock · 197842508

Print on Colored Paper of your choice

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20



Kenya

Lesson 4: Activities in Kenya

Kids4KINSHIP -- Kenya Project

Kenya Week – Day Four (Thursday) or Lesson Four (for Sunday Schools or those not following a five day school week schedule)

Today's Focus: Games, art, other interactive activities

INTRODUCTION:

Review Lessons 1-3

Suggested ways to review:

- Have students discuss and tell
- Flip through the slideshow photos
- 7 Facts about Kenya YouTube Video:
<https://www.youtube.com/watch?v=pzoNOZtXXlw>
- Review of Kenya facts can be found here:
<http://www.3dgeography.co.uk/facts-about-kenya>

GAMES:

- Recess-style Hand Clapping Games from Kenya; games are easy to follow, then have students pair up and create clapping games of their own using both English and Swahili
<https://www.youtube.com/watch?v=WDF7PWPrNHs>
- "Ukuti" is a Swahili circle game/song that is played in a way similar to "Ring around the Rosie".

Ukuti, Ukuti

Wa mnazi, Wa mnazi

Ukipata Upepo

Watete.. Watete.. Watetemeka.

The leaf, the leaf

Of the coconut tree, of the coconut tree

When the wind blows against it

It shakes... It shakes... It shakes...

WWW.MAMALISA.COM

UKUTI

1. 2. *Spoken - Parlé - Hablado*

WWW.MAMALISA.COM

- Shisima, a cool math game from Kenya; similar to Tic-tac-toe, the game diagram can be printed from the site listed below or the diagram can be drawn on paper, with chalk, in the dirt, sandbox, etc. Rules and printables for the game can be found here:
<https://b-inspiredmama.com/shisima-cool-math-game/>

ART:

- African Animals at Sunset; Paint sunset background and let dry. Cut out silhouettes and glue to the background. Students can choose from a variety of animals found in Kenya.



- Monkey Handprints for younger students



Information on Kenyan animals can be found here:
<http://www.3dgeography.co.uk/kenyan-animals>

- **Great Commission Craft**

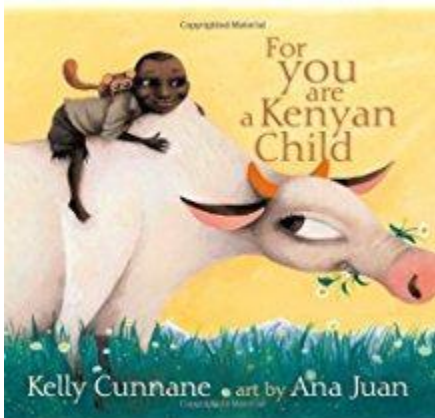
Cut circles from an old atlas or maps to fit paper plates.

Print the Scripture and footprint papers (attached at the end of this document) and glue onto the map.



INTERACTIVE ACTIVITIES:

- YouTube presentation on *Maassai Life Through a Child's Eyes*
<https://www.youtube.com/watch?v=XQ7wV9DeEqw>
 (Disclaimer: sponsored by Operation Blessing International)
- Read aloud book; check out from the library, purchase from Amazon, or watch read-aloud on YouTube
<https://www.youtube.com/watch?v=z4RJ6eBg34Q>



- Sing:
 He Is Mine (Ni Wangu – A Swahili Song from Kenya)
 Copies may be available at ILC or through your local congregation.
 Copies can be purchased here:

<http://www.leadingnote.com/products/sheet-music/choral/tln/Hopson-Hal-H-He-Is-Mine-Ni-Wangu-SAB-Hope-Publishing-Co/21431/>

Click here to hear the song:

<https://www.youtube.com/watch?v=VAQwnoCcoB4>

- Cook Ugali, a staple food for many meals in Kenya. The recipe can be found here: <https://www.wikihow.com/Cook-Ugali>

Ingredients:

1 cup, or more, corn flour or maize flour

3 cups of boiling water

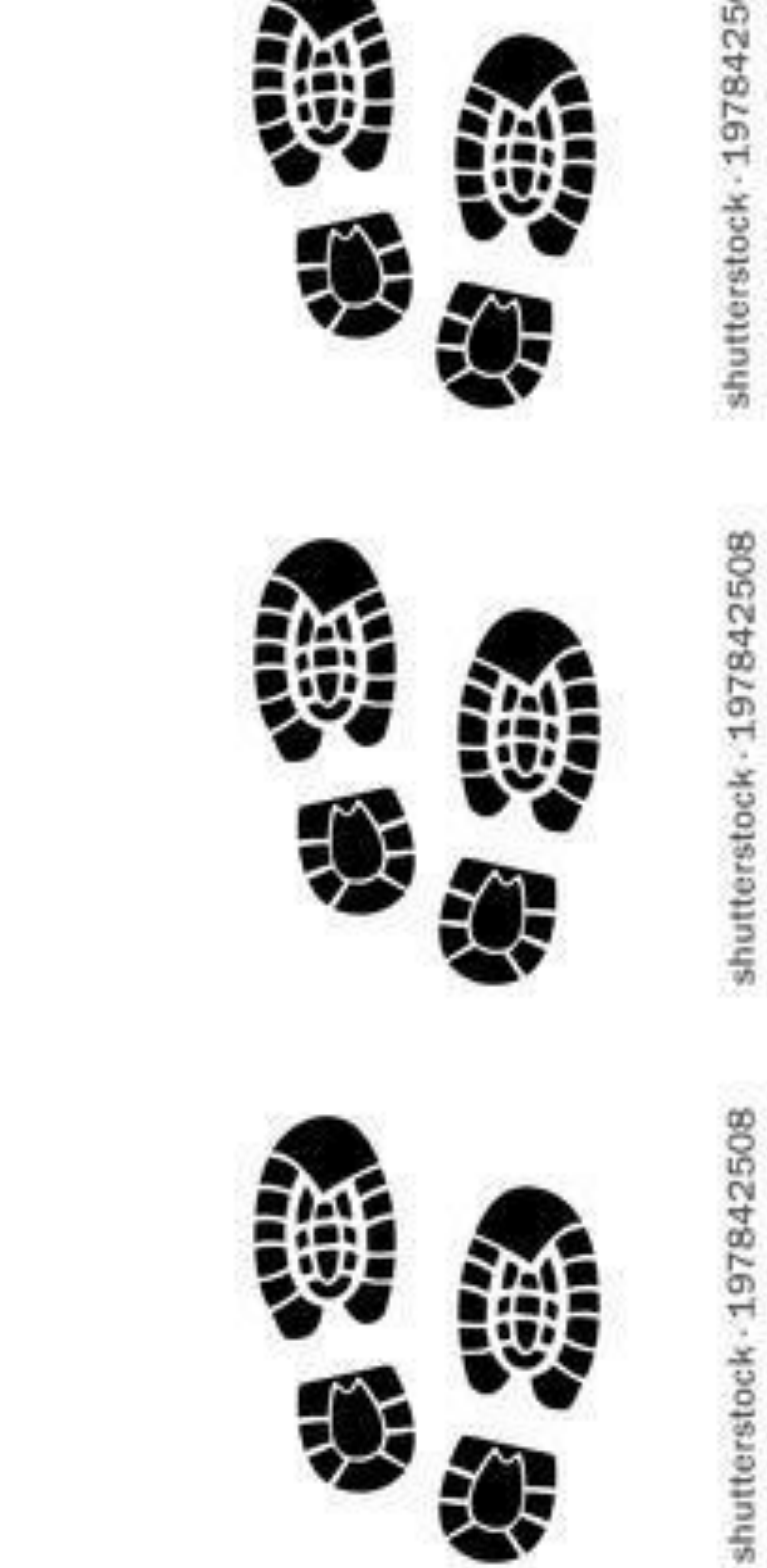
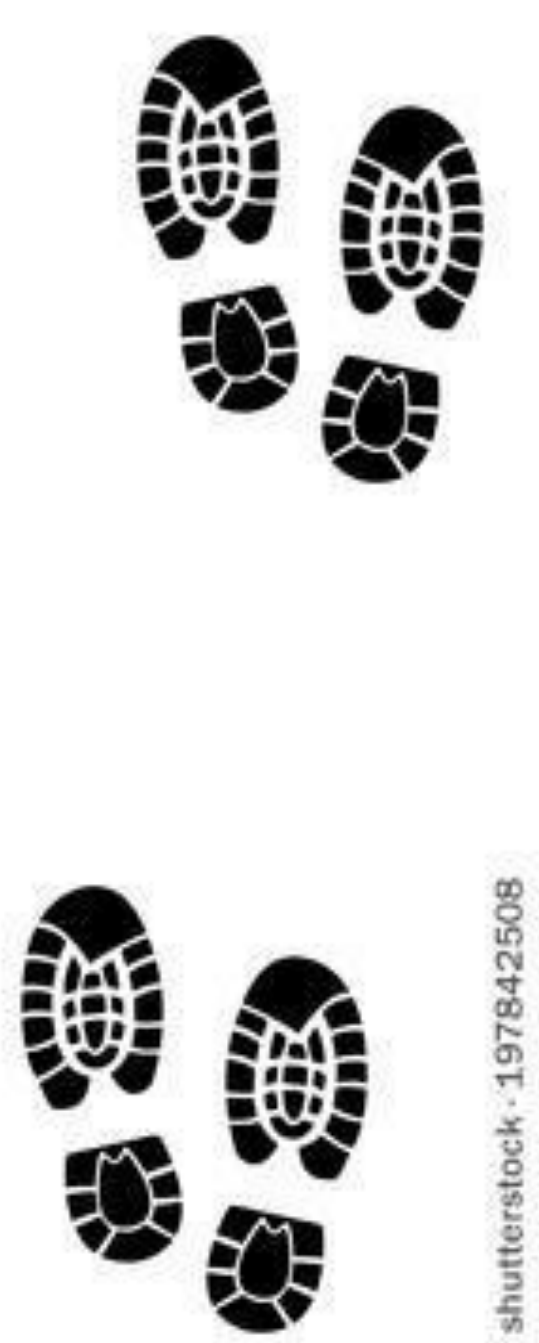
1 cup of cold water



Other ideas:

- Have a Kenyan native give a presentation at your school.
- Have a CLC Mission Helper participant give a presentation at your school.

Print on Kraft Paper



Print on Colored Paper of your choice

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20



Kenya

Lesson 4: Activities in Kenya

Kids4KINSHIP -- Kenya Project

Kenya Week – Day Four (Thursday) or Lesson Four (for Sunday Schools or those not following a five day school week schedule)

Today's Focus: Games, art, other interactive activities

INTRODUCTION:

Review Lessons 1-3

Suggested ways to review:

- Have students discuss and tell
- Flip through the slideshow photos
- 7 Facts about Kenya YouTube Video:
<https://www.youtube.com/watch?v=pzoNOZtXXlw>
- Review of Kenya facts can be found here:
<http://www.3dgeography.co.uk/facts-about-kenya>

GAMES:

- Recess-style Hand Clapping Games from Kenya; games are easy to follow, then have students pair up and create clapping games of their own using both English and Swahili
<https://www.youtube.com/watch?v=WDF7PWPrNHs>
- "Ukuti" is a Swahili circle game/song that is played in a way similar to "Ring around the Rosie".

Ukuti, Ukuti

Wa mnazi, Wa mnazi

Ukipata Upepo

Watete.. Watete.. Watetemeka.

The leaf, the leaf

Of the coconut tree, of the coconut tree

When the wind blows against it

It shakes... It shakes... It shakes...

WWW.MAMALISA.COM

UKUTI

1. 2. *Spoken - Parlé - Hablado*

WWW.MAMALISA.COM

- Shisima, a cool math game from Kenya; similar to Tic-tac-toe, the game diagram can be printed from the site listed below or the diagram can be drawn on paper, with chalk, in the dirt, sandbox, etc. Rules and printables for the game can be found here:
<https://b-inspiredmama.com/shisima-cool-math-game/>

ART:

- African Animals at Sunset; Paint sunset background and let dry. Cut out silhouettes and glue to the background. Students can choose from a variety of animals found in Kenya.



- Monkey Handprints for younger students



Information on Kenyan animals can be found here:
<http://www.3dgeography.co.uk/kenyan-animals>

- **Great Commission Craft**

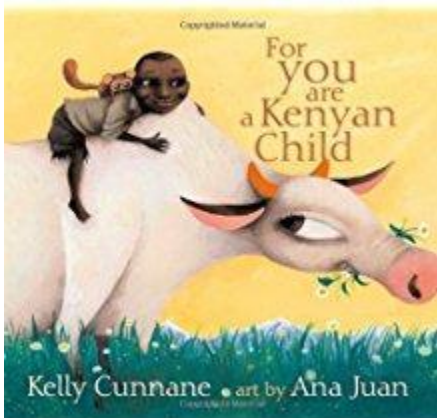
Cut circles from an old atlas or maps to fit paper plates.

Print the Scripture and footprint papers (attached at the end of this document) and glue onto the map.



INTERACTIVE ACTIVITIES:

- YouTube presentation on *Maassai Life Through a Child's Eyes*
<https://www.youtube.com/watch?v=XQ7wV9DeEqw>
 (Disclaimer: sponsored by Operation Blessing International)
- Read aloud book; check out from the library, purchase from Amazon, or watch read-aloud on YouTube
<https://www.youtube.com/watch?v=z4RJ6eBg34Q>



- Sing:
 He Is Mine (Ni Wangu – A Swahili Song from Kenya)
 Copies may be available at ILC or through your local congregation.
 Copies can be purchased here:

<http://www.leadingnote.com/products/sheet-music/choral/tln/Hopson-Hal-H-He-Is-Mine-Ni-Wangu-SAB-Hope-Publishing-Co/21431/>

Click here to hear the song:

<https://www.youtube.com/watch?v=VAQwnoCcoB4>

- Cook Ugali, a staple food for many meals in Kenya. The recipe can be found here: <https://www.wikihow.com/Cook-Ugali>

Ingredients:

1 cup, or more, corn flour or maize flour

3 cups of boiling water

1 cup of cold water



Other ideas:

- Have a Kenyan native give a presentation at your school.
- Have a CLC Mission Helper participant give a presentation at your school.

Print on Kraft Paper



Print on Colored Paper of your choice

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20

**And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and
on earth. Go therefore and make disciples of all
the nations, baptizing them in the name of the
Father and of the Son and of the Holy
Spirit, teaching them to observe all things that I
have commanded you; and lo, I am with you
always, even to the end of the age." Amen.**

Matthew 28:18-20